

Tests available for Corporate screening

*Customisation can be designed according to your needs.

Physical Examinations

- 1 Medical and physical examination
- 2 Lifestyle risk analysis and report
- 3 12-Lead resting electrocardiogram (ECG)
- 4 Post screening review, personalized report and health optimization plan with lifestyle medicine physician and health coach
- 5 4 month progress review with physician and health coach

Blood and urine analysis (43 Parameters)

Haematology

Full blood count
Peripheral blood film
Erythrocyte
Sedimentation rate
Blood grouping

Lipid/Cholesterol profile

Total cholesterol
HDL cholesterol
Total/HDL cholesterol ratio
LDL cholesterol
Triglycerides
hsCRP

Kidney function profile

Urea
Creatinine
Sodium
Potassium
Chloride
Bicarbonate

Bone joint function

Calcium
Phosphate
Uric acid
Rheumatoid arthritis factor

Diabetic screen

Blood glucose (Fasting)
HbA1c

Hepatitis screen

Hepatitis A antibody
Hepatitis B antigen
Hepatitis B antibody
Hepatitis C antibody

Liver function profile

Total protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma GT
SGPT (ALT)
SGOT (AST)

Thyroid study

Free T4
TSH

Venereal disease screen

VDRL + Titre

Urinalysis

Urine feme

Stool study

Stool occult blood

Tumour markers

Liver (AFP)
Colon (CEA)
Prostate (PSA) - for males
Ovaries (CA125) - for females

Others

BMD body fat analysis
Chest X ray (CXR) - optional
mainly for chronic smokers

Women's Specific

Pap smear
Mammogram
Ultrasound breasts
Ultrasound S pelvis

Cardiovascular health

Targeted cardiac ultrasound
Treadmill test with VO2 fitness
assessment
Vascular health scan (CIMT)
Sleep holter imaging
Bpro 24hr blood pressure
monitoring (only if BP is high)
Cardiologist review

Optional extras (chargeable)

male hormones
Uroflowmetry
US prostate
US abdomen
Chest X ray